

Getting to know the Student Union LTKY

Lahti orientation weeks 2025



LUT-YLIOPISTON YLIOPPILASKUNTA
THE STUDENT UNION OF LUT UNIVERSITY

What is LTKY?

- LTKY = The Student Union of LUT University
- The position of Student Unions is mandated by law
- By law, all degree students must be members of their student union
- We have over 8000 members
- We are here with your best interests at heart and we are taking care of our student culture
- The same student union operates on all LUT campuses and has offices in both the Lahti and the Lappeenranta campus



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Who are doing these things for you?



Employees

- Arttu Kaukinen
- Virpi Partti
- Henna Raekorpi
- Petra Sjögren
- Pia Kuosmanen
- Roosa Pehkonen



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How you can you take part?

- Apply to be:
 - A Board member
 - Part of the Representative Council
 - An employee
 - A HallOpEd
- Write an article to Alive (as a reward you'll get an overall badge and a gift card to Lamkooma)
- Attend our events (the best and easiest way to take part!)



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Teekkari Culture

- We are the highest authority when it comes to Teekkari culture in Lahti and Lappeenranta
- We offer fresher slips and fresher education
- We support guilds and hobby associations
- Wappu

“The title of teekkari may be awarded to a person of good reputation studying at LUT who has completed the duties required to achieve the title and who has received a teekkari baptism”



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Teekkari Cap

- A teekkari can be most easily recognized by their cap
- Cap is used from Wappu Eve to the last day of September
- You need permission from the student union to use it outside of this time
- How do you aquire a teekkari cap?



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The fresher slip

- Students who have completed the fresher slip will become teekkaris and thus be eligible to use the teekkari cap at midnight on Wappu Eve
- If you don't complete this slip, you can receive your cap on Flora Day
- We encourage you to complete the tasks, since they are a big part of learning about teekkari culture and student life



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Overalls



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Lahti events during the year

- Fresher Appro
- Beach party
- LAHO Picnic
- Fresher promotion
- Back 2 Uni
- Fresher Sitz
- Basics of Teekkarism
- LiikuAppro
- Cap lowering ceremony
- Pikkujoulu
- Wappu



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Basics of Teekkarism

‘An event in which you learn more about teekkari culture as well as student life in Finland alongside fun activities, good company, and delicious food.’

This year it will be held on September 12



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MORE ACTIVITIES OF THE LTKY



ADVOCACY AND LOBBYING



One of the main themes of the LTKY is advocating and lobbying to support the students regarding their studies, education and social policies, well-being and more.

The LTKY also works closely with LUT, KOE, city of Lahti and Lappeenranta, MOVEO, FSHS, SYL and other student unions to ensure that the students get to enjoy their student life to its fullest potential.

FEEDBACK AND INPUT



- Did you know that you can give feedback in the LTKY website?
- Students can also contribute to Alive by giving an article, in exchange for a small reward.
- You can also access the exam archive, and submit your own exam question there.

Student feedbacks are highly recommended, as they help the student union in advocacy and lobbying.



MEMBER SERVICES AND SPACES



Free to use:

- Coffee at the Slounge.
- Picnic foldable table and chairs
- cooler box for drinks, coffee thermos, grilling equipment, picnic blankets,
- first-aid kits.
- JBL party speaker
- Ball and bike tire pump
- and tripod phone stand with a ring light.
- Kyykkä set.
- More sports equipment with Moveo (padel and tennis rackets, skates, touring skates, snowshoes, basketball, frisbee golf discs).
- Sewing machine.

MEMBER SERVICES AND SPACES



Paid:

- PunaMusta (a must have)
- Teekkari cap (limited quantity and a must have)
- Overall patches
- Lanyard
- Annual Ball ribbons
- Hot Tub (KOE)

MEMBER SERVICES AND SPACES



Spaces:

- Slounge (A134)
- Laho room (A153)
- Karaoke room (A124)
- Music band room (Niemi campus)
- Student Hub (city center:
rautatienkatu 26)
- Lamkooma cafe (campus lobby)



HARASSMENT CONTACT PERSON (HCPs)



- Harassment contact person (HCP) is a support person, who you can turn to, if you feel like you've been harassed by another student or staff.
 - HCP supports and guides you through harassment cases.
- HCP helps if you can not find the right person to tell about distress and guides you where to find more help, if needed.

ABOUT THE PROCESS



- HCP will not take any further action without the consent of the person concerned.
- All sides of the case are neutrally listened to before any conclusions.
- The discussions are strictly confidential as the harassment contact persons are bound by the confidentiality obligation.

WELL-BEING AND HOBBIES



Taking care of your well-being should be one of your biggest priorities. The winter season is a difficult time to be productive, **unless you prioritize your health!**

Sufficient intake of vitamin D is very helpful.

WELL-BEING AND HOBBIES



The LTKY organizes various activities to support your well-being (which are free to participate in!):

- Mental Health Monday every month
- Sports trials and nature trips
- Well-being week
- And more!

Another solution to support your well-being is through hobbies and sports.

- Hobbla network helps you to find groups and places which organize your favourite hobbies!
- Moveo also provides weekly sport and hobby activities.
- Lastu ry helps with setting up a new hobbyclub.

SOCIAL MEDIA



A group of nine people, seven women and two men, are posing for a photo in a snowy, wooded area. They are all wearing winter clothing, including jackets, hats, and scarves. Many of their jackets are covered in numerous colorful patches and stickers, suggesting they might be part of a festival or a team. The group is arranged in three rows, with some people standing and others sitting or kneeling in the front. The background consists of snow-covered ground and evergreen trees.

Thank you for listening!



Welcome to TEK!

Senni Auvinen

TEK is here to help you

“How do I look for a job in Finland?”

“What should a job application be like?”

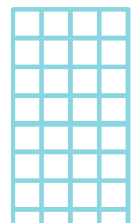
“How do I know how much I should be paid?”

“What if something goes wrong while I am working?”

“What should there be/not be in a working contract?”

“How do I become more employable?”

“What happens if I get fired or need to leave my job?”



Who are TEK?

- TEK is the trade union for academic engineers and architects in Finland
 - Also e.g. maths, physics and IT-specialists
- Around 80,000 members
 - **Over 30 % student members!**
- Protect the interests of our members
- Range of benefits and services





About trade unions

- Joining a trade union is optional
- Over half of all Finnish employees are part of a trade union
- Trade unions protect the working rights of employees in Finland
- **Joining a trade union is a normal and recommended part of working life in Finland.**

TEK for students?



**Help and services
for working life**

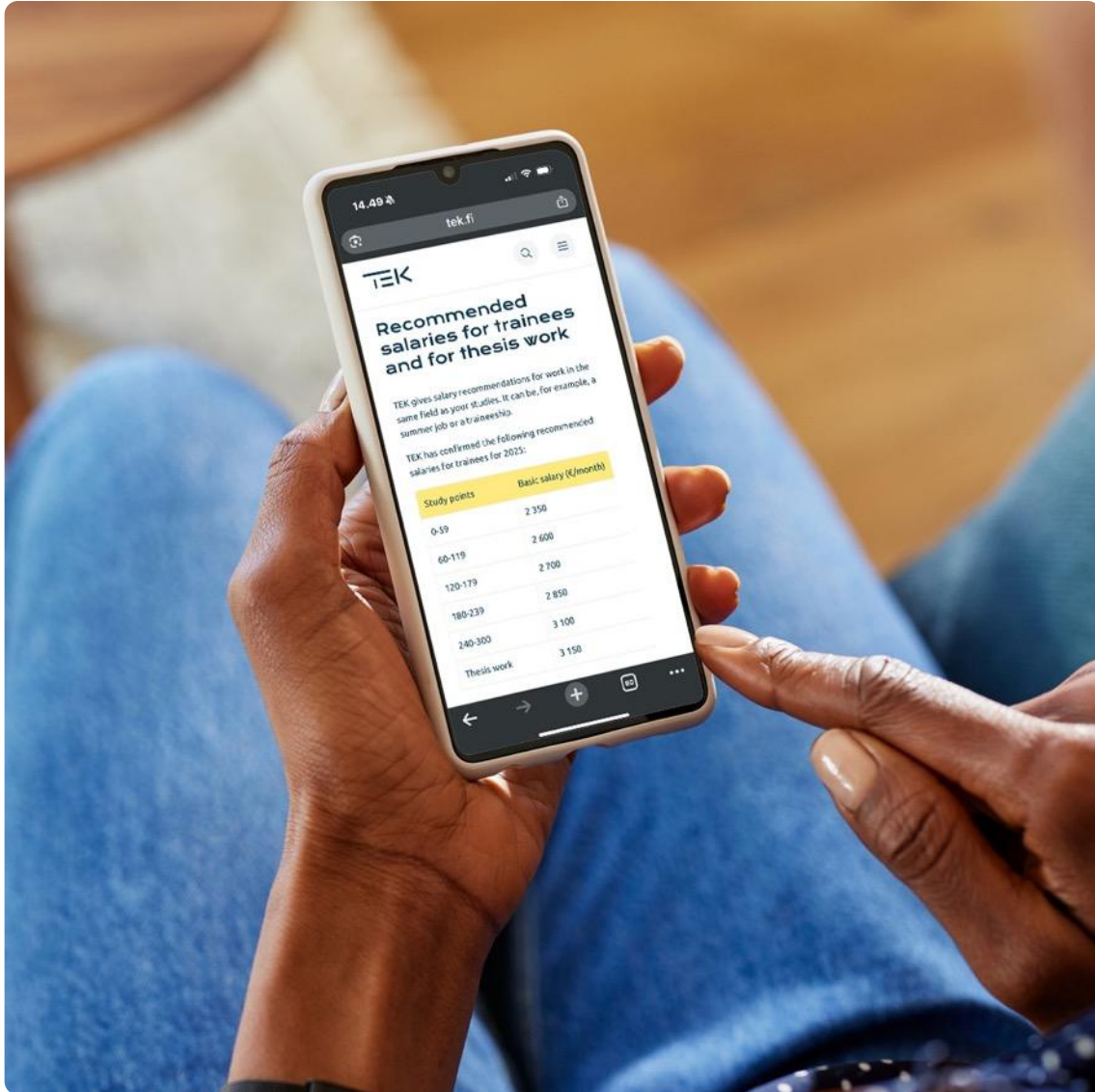


**Legal advice and
protection when
working**



**Support for
student culture**

And much more...



Help for working life

- TEK Workbook: job-seeking guide
 - CVs, interviews, job-hunting tips
 - **Also online: tek.fi/workbook**
- Salary recommendations
- Opportunities for networking
- Career courses and lectures
- **We can answer your questions about working in Finland!**



Legal Advice and Protection

- Pre-check your employment contract
 - Advice on your legal rights at work
 - Access to lawyers for e.g. unfair dismissal, workplace injury
 - Legal support for entrepreneurs
-
- **We can legally advise you to help make sure you are fairly treated!**

TEK supports you already during your studies





KOKO fund

- Unemployment Insurance in the event you become unemployed
- Join as soon as you get your first job!
 - Build up twelve months of work ASAP
- Costs 63 € per year in 2025





Support for Student Culture

- Sponsor a wide range of events
 - Provide expertise at events
 - Support sustainable ideals
 - Work to connect and educate all student actives
-
- **We work to support and improve student culture in a fair and sustainable way.**

TEK Communities

- TEK is led by its members
 - Guild ambassadors
 - TEK Board and Council
 - Various TEK Committees
- TEK Lounges
- Networking events
- **Have your say and build your professional network in TEK.**



Lahti Guild Ambassadors of 2025



Avaneep Kamal

SoSA



Samut Jokela

Kapital



Maria Galiguzova

Fuusio

Contact us



Senni Auvinen
Student Liaison
LUT & Joensuu
senni.auvinen@tek.fi
TG: @LUTintykki



Follow us



TEK in English
Tekniikan akateemiset TEK



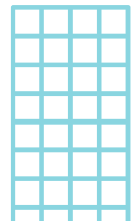
@lutintykki, @TEKforall
@tekniikanakateemiset
@Teekkarit

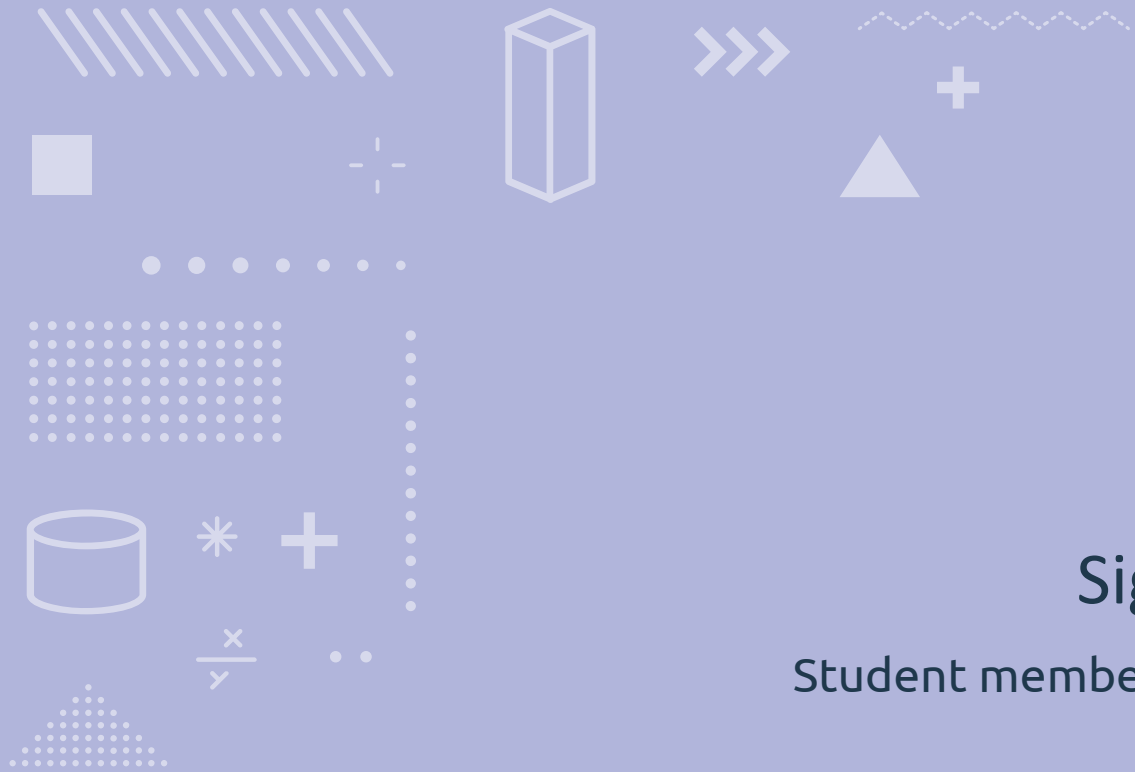


@tekinfochannel
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Tekniikan akateemiset,
TEKRekry





Sign up!

Student membership is free of charge.

www.tek.fi/joinstudent

