



LAND OF THE CURIOUS



ORIENTATION FOR NEW STUDENTS IN ENGLISH PROGRAMMES, AUGUST 2025

STUDENT SERVICES & STUDIES AT LUT

Mari Trinidad

Head of Study Counseling | Student Services

TOPICS

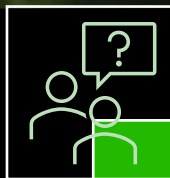
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- A solid green horizontal bar.
- Student Services
 - Information sources and study tools
 - Academic year
 - Courses & Teaching Schedules
 - Exams
 - Grades & Credits
 - Study counseling
 - Student wellbeing

LUT STUDENT SERVICES



CUSTOMER SERVICES

- Office in room 2313
- Help with registrations: academic year, courses, exams
- Study certificates, official transcripts of records
- Accident reports
- Misconduct of studies
- opinto@lut.fi
- IT-help
student.ithelpdesk@lut.fi



STUDY GUIDANCE

- Tutoring & First year experience
- Study counselors
- Study advisors
- International mobility services
- Academic advisors in degree programmes
- Teachers
- Career services (Jobteaser, FYC)
- Library
- Language center
- Student Union and guilds



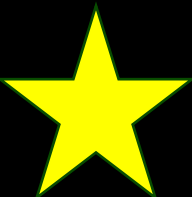
WELL-BEING

- Study Psychologists
 - opsy@lut.fi
- Campus chaplains
- Student healthcare services (YTHS, FSHS) for degree students
- MOVEO Health and Wellbeing Services
- Lots of material on eLUT to support your well-being and study ability
- Student Union and guilds and clubs



- Welcome fair on August 29
- eLUT
 - Study guidance and support services
 - Student life

INFORMATION SOURCES & STUDY TOOLS



eLUT –
Website for LUT students collects all practical information you need to know about your studies from orientation to graduation. Also news and current issues.

Always
check
eLUT
first!



TUUDO - a mobile app that has e.g course timetables, campus maps, library card, restaurant menus, news



SISU — Student information system
Contact information, personal study plan (PSP), enrolments to courses and exams, study calendar (timetables), credits and grades, credit transfer applications, application for graduation.



MOODLE - learning environment used in all courses: course materials, assignments and exams. Announcements from teachers.



OFFICE 365 email - All emails sent by LUT university / related to your studies are sent to firstname.lastname@student.lut.fi email address. Always use your student email when contacting university staff and remember email etiquette!



TIME EDIT- Course timetables for the autumn semester. Timetables for the spring semester will be published in November.



eLUT → it-instructions
and study tools

IT-help for students
student.ithelpdesk@lut.fi

LUT USER ACCOUNT

- You must have your LUT user account activated before having access to LUT systems e.g. creating a personal study plan and enrolling to courses.
- Activate your account <https://id.lut.fi> In order to activate your account you need to identify yourself with Finnish online bank access.
- If you are not able to visit the Student helpdesk or use online banking authentication please contact: student.ithelpdesk@lut.fi

STUDY RIGHT & PROGRESS FOR DEGREE STUDENTS

- Study progress
 - min. 30 ects credits per semester = 60 ects credits per academic year = graduation in target time
- Target times for the completion of degrees
 - Bachelor's degree: 3 academic years
 - Master's degree: 2 academic years (study right is valid for 4 academic years)
 - Bachelors's + master's degree: 5 academic years (study right is valid for 7 academic years)
- Duration of study right is limited and studies are valid for 7 years
 - <https://elut.lut.fi/en/completing-studies/planning-your-studies/study-rights>
 - See the ending date of your study right in Sisu → personal information
- Study right is not extended based on working during the studies
- Study right of Highway students is valid for academic year 2025 -26 until July 31, 2026

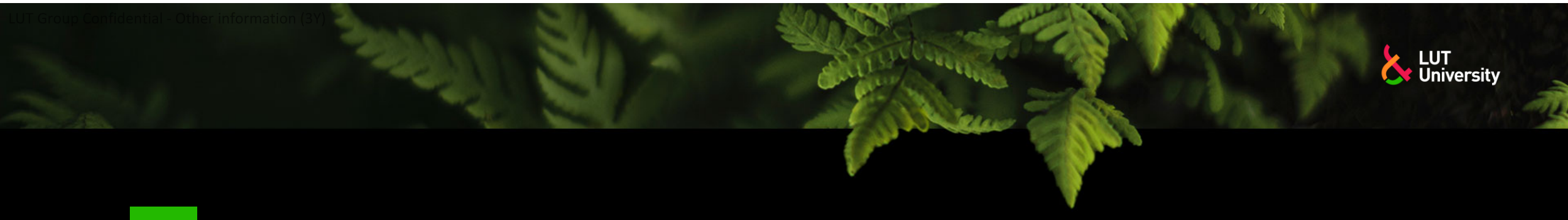
ACADEMIC YEAR 2025-26

2 semesters, 2 periods in 1 semester, one period is 7 weeks long, exam & intensive week in between the periods

AUTUMN SEMESTER 2025 periods 1 and 2		SPRING SEMESTER 2026 periods 3 and 4	
1 st teaching period, weeks 36 – 42	1.9. – 17.10.	Exam and intensive, week 1	29.12.- 2.1.
Exam and intensive week, week 43	20.10. – 24.10.	3 rd teaching period, weeks 2 - 8	7.1. – 20.2.
2 nd teaching period, weeks 44 – 50	27.10. – 12.12.	Exam and intensive week, week 9	23.2. – 27.2.
Exam and intensive week, week 51	15.2. – 29.12.	4 th teaching period, weeks 10 – 16	2.3. – 17.4.
No instructions or examinations 52	22.12 – 28.12.	No instruction (Easter)	3. - 6.4.
		Exam weeks, weeks 17 - 19	20.4. – 8.5.
		Intensive weeks, week 20 - 22	11. – 29.5.
		SUMMER SEMESTER 2026	1.6.-31.7.



eLUT → Completing studies → Planning yours studies → Student calendar
<https://elut.lut.fi/en/completing-studies/planning-your-studies/student-calendar>



DEGREES, COURSES & TIMETABLES

DEGREE STRUCTURES FOR DEGREE STUDENTS

- 
- = what is required for your Degree
 - Your degree structure is described in Sisu in your **Personal Study Plan (PSP)**. Sisu automatically gives you the right template for your PSP.
 - You follow **structures** and **timing templates** of the academic year 2025-26 (curriculum period in Sisu)
 - If you follow the timing template workload is appr. 60 credits / academic year, 30 credits / semester
 - Bachelor's degree in three years
 - Master's degree in two years.
 - Highway studies are studied in one academic year

PSP SESSIONS FOR DEGREE & HIGHWAY STUDENTS

- 
- In all degree programmes there are study infos / PSP workshops during the orientation week.

Please see your own orientation programme for more information.

- During these sessions you will take a closer look at Sisu (PSP, timing and course enrolments) with help of your study counselor and tutors.
 - Creating a PSP
 - Enrolment to 1st period courses – Deadline for course enrolments is August 29.
- You will continue with your PSP in “Introduction to Master’s / Bachelors’s studies” course later in the autumn.

COURSE REGISTRATIONS

Registration for autumn semester courses in 2024-2025 is done through **your personal study plan** in Sisu.

Deadlines are:

For courses starting in Period 1, registration ends on Friday, August 29 at 23.59.

For courses starting in Period 2, registration ends on Monday, October 20 at 23.59.

For courses starting in Period 3, registration starts in December and ends on Monday, December 29 at 16.00

For courses starting in Period 4, registration ends on Monday, February 23 at 23.59.

Registration for courses arranged during the intensive weeks ends a week before the start of the intensive week, on Mondays.



eLUT → **Completing studies** → **Planning your studies** → **Enrolments**

<https://elut.lut.fi/en/completing-studies/planning-your-studies/enrolments/enrolments-courses>

COURSE REGISTRATIONS

- Once the registration deadline is over you can no longer enrol to courses in Sisu
- If you missed the registration deadline and would like to join a course you need the **lecturer's approval**
 - contact the lecturer directly and ask permission to participate and late registration
 - after the lecturer's approval, contact Student Services to enrol
- **Note!** For each late course enrolment, **a fee of 10 euros per course will be charged.**
 - The fee is not collected from new students and exchange students in **the first period of their studies**



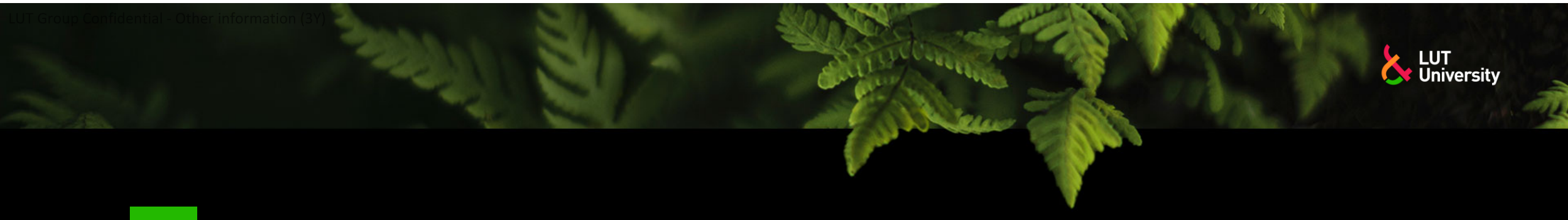
Instructions for late enrolment in eLUT <https://elut.lut.fi/en/current-topics/late-enrolment-courses>

DROPPING A COURSE

- If you have registered for a course and do not complete it, you must suspend the completion of the course in Sisu. You can withdraw from the implementation when the registration period has ended.
- If student who have completed the study attainments required for passing decide to drop the course, the course will still be assessed.
- See eLUT for further information <https://elut.lut.fi/en/it-instructions-and-study-tools/sisu/sisu-instructions/registration-courses-and-exams-sisu/cancel>
- Dropped courses will not show in your transcript.
- Please note that most courses can be completed only once during the academic year.

TIMETABLES IN SISU, TIMEEDIT OR TUUDO

- Sisu → create a personal study → Study calendar → Show events in the calendar
- eLUT → Studies → Planning studies → Teaching schedules
 - direct link to TIMEEDIT <https://cloud.timeedit.net/lut-saimia/web>
- Timetables are available for the **autumn semester** courses only. Timetables for spring semester courses will be published in late November.
- In Tuudo you can see the timetables of the courses you have registered



EXAMS

WHAT KIND OF AN EXAM?

- See the **course description / info** in Sisu. Alternatives:

1. Paper exam

Yes → see examination schedule in eLUT

<https://elut.lut.fi/en/completing-studies/examinations/examination-schedule> and remember to register in Sisu one week before

Examination dates are also available in Sisu

2. Moodle exams

Yes → see Course pages in Moodle and eLUT <https://elut.lut.fi/en/completing-studies/examinations/examination-schedule> Registration in Sisu or Moodle

3. Examination in Exam = electronic exam in separate examination hall on campus

Yes → Teacher provides you with the exam link. Student can take an examination during the time slot given by the teacher

See eLUT <https://elut.lut.fi/en/completing-studies/examinations/exam-electronic-examination>

4. No exam at all

See the assessment methods in the course description / info in Sisu

EXAMS

- You can take an exam three times during a study period. This applies to all exams, irrespective of the way they are arranged.
- If you fail to pass the exam on the third attempt, you may apply for retake from the teacher (form for applying for an additional retake)
- Students have the right to retake a passed examination once on one of the three examination occasions arranged for the course during the academic year in question. Mid-term exam results cannot be raised.
- Students may attempt to improve only the final grade of an entire course by retaking its final examination. Students may attempt to improve their grade only if the grade can be improved by retaking the final examination. A **valid study right** is needed to take exams
- You can only take one exam at a time, even if you think you would have time to do two exams.
 - You can take 2 exams on the same day if you have one exam in the morning (8.30-11.30) and the other one in the afternoon (16.30-19.30).

EXAMS

- Enrolment
 - Use Sisu for enrolment in the paper / Moodle exams
 - Enrolment ends one week before the examination date
 - If any problems occur with Sisu, contact opinto@lut.fi (Student Services)
 - **Late registration to exam costs 40€**
- Cancelling enrolment
 - Use Sisu – 2 working days before the exam at the latest
 - If any problems with Sisu, contact opinto@lut.fi (Student Services)
 - Remember to cancel the exam enrolment if you cannot take part!
An enrolment is considered an exam taken!

BEFORE YOUR 1ST EXAM – SEE ELUT

Exams for the 1st period courses will take place in late October.

Familiarize yourself with the examination instructions in advance.



eLUT → Completing studies → Examinations
<https://elut.lut.fi/en/completing-studies/examinations>

Dive deeper	
REGISTRATIONS TO EXAMS AND MID-TERM EXAMS →	EXAMINATION SCHEDULE →
PRACTICAL INSTRUCTIONS FOR EXAMINATIONS →	ARRANGING A PAPER EXAM OUTSIDE THE EXAMINATION SCHEDULE →
EXAM - ELECTRONIC EXAMINATION →	INDIVIDUAL ARRANGEMENTS AND ADDITIONAL TIME FOR EXAMINATIONS →
FREQUENTLY ASKED QUESTIONS ABOUT EXAMS IN LUT →	

Individual arrangements and additional time for examinations



eLUT → Completing studies → Examinations → Individual arrangements and additional time for examinations
<https://elut.lut.fi/en/completing-studies/examinations/individual-arrangements-and-additional-time-examinations>

INSTITUTIONAL LUT GRADING SCALE

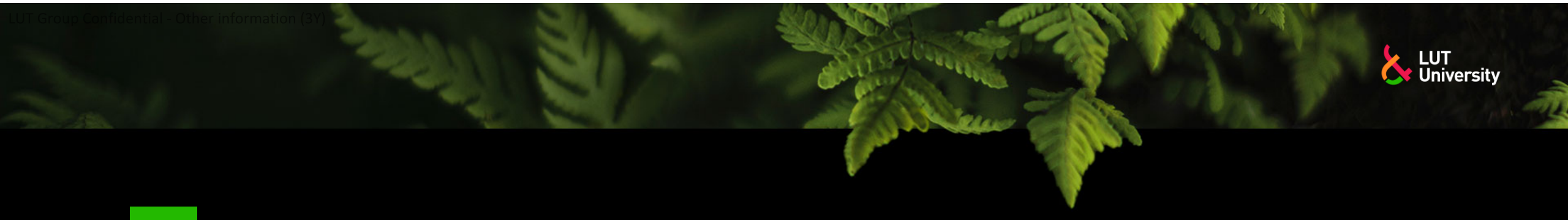


Teachers evaluate exams approx. in 4 weeks.

Grades of exams or exercises may be published in course's Moodle pages.

Final grade of the course appears in Sisu (PSP or My profile → completed credits)

5	Excellent
4	Very good
3	Good
2	Satisfactory
1	Sufficient
H	passed
0	failed
P	absent



STUDY COUNSELING

ABILITY TO STUDY

Personal resources

- Health and health-related behaviour
- Socioemotional skills
- Cognitive skills
- Social relationships
- Identity development
- Life situation and conditions

Study skills

- Prior knowledge
- Study motivation
- Study-related emotions
- Planning, time management and achievement
- Study technique
- Interaction skills

Study environment

- Physical study environment
- Digital study environment
- Psychosocial study environment
- Cultural environment
- Pedagogic environment

Teaching and counselling

- Student-oriented approach
- Constructively aligned teaching
- Assessment and feedback
- Achievability
- Student-oriented guidance
- Commitment and involvement

Illustrations include: a person running with a dog, a person reading a book, a person sitting at a desk with a laptop, and a person talking to a student.

Source and more information <https://www.yths.fi/en/services/community-health/ability-to-study/>

STUDY COUNSELING

- 
- For every degree student in LUT study guidance and counseling are provided by
 - Tutors
 - Study advisors
 - Study counselors
 - Academic advisors in the degree programmes
 - Study Psychologists

TUTORS AND STUDY ADVICERS

- 
- General advice and help
 - Practical matters and questions related to studies (e.g. timetables, course registrations and examinations, Sisu)

→ Start with your tutor.

- Study Advisers are LUT students



eLUT → Study guidance and support services → study guidance and counseling

<https://elut.lut.fi/en/study-guidance-and-support-services/study-guidance-and-counseling>

STUDY COUNSELORS

- Study guidance for bachelor's and master's students

Study Counselor

- general study guidance and counseling
- Reviewing and general guidance regarding personal study plan (PSP)
- credit transfer (inclusion or replacement) from previous studies or studies completed elsewhere
- applications for the extension of your study right
- Any difficulties / challenges related to studying
- If you do not know to whom to turn to - turn to your study counselor



eLUT → Study guidance and support services → study guidance and counseling
<https://elut.lut.fi/en/study-guidance-and-support-services/study-guidance-and-counseling>

STUDY PSYCHOLOGISTS

LUT study psychologists offer support and counseling for bachelor's and master's degree students on study-related issues. Study psychologists offer individual sessions, lectures and webinars.

Students can book a session with study psychologists to discuss topics such as:

- Finding motivation
- Thesis-related anxiety
- Coping with workload
- Difficulties with remote learning
- Coping with stress
- Stage fright
- Individual study arrangements

Appointments face-to-face, on the telephone or online.

- opsy@lut.fi



INDIVIDUAL STUDY ARRANGEMENTS

- In order to get individual study arrangements, the student must have documented diagnosis or expert opinion.
- Arrangements are customized according to students' personal needs. For instance, these study arrangements can be:
 - additional time for course assignments or exam
 - receiving materials in advance
 - substituting the completion methods of the course
- See eLUT for more information <https://elut.lut.fi/en/study-guidance-and-support-services/student-support-and-wellbeing/individual-study-arrangements>
- Individual arrangements in examinations <https://elut.lut.fi/en/completing-studies/examinations/individual-arrangements-and-additional-time-examinations>

CHECKLIST & DIGITAL ORIENTATION

Digital orientation 2025 – 26 in Moodle

Information
channels

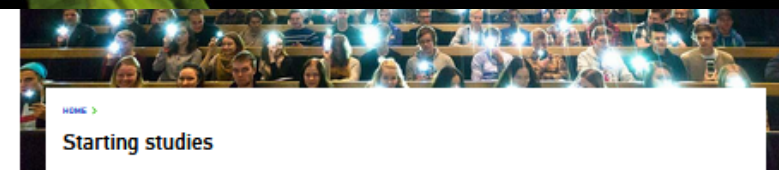
Planning &
completing
studies

Study ability
& support

Campuses

Student life

Equality &
Ethicality



HOME >

Starting studies

Welcome to study at LUT University!

Land of the curious

We are a community where curious people inspire curious people. The curious dive deep into their passion, and develop their thinking daily. Without curiosity, we cannot change the world. A curious person experiments, fails, and succeeds faster than others.

We address issues that matter to the world and that others may consider impossible to solve. Our campuses are located in Lappeenranta and Lahti, but our state of mind can be achieved anywhere.

Clean energy, water and air are life-giving resources for which we seek new solutions with our expertise in technology and business. We help society and businesses in their sustainable renewal.

Checklist for new degree students

1. Confirming your study place
2. Enrolling for the academic year
3. Tuition fees and scholarships
4. Applying for student housing
5. Applying for a residence permit for studying in Finland
6. Student healthcare services by FSHS
7. Health insurance
8. Master's students: Hard copies for educational documents (when required)
9. LUT Newcomers groups
10. Arriving at LUT
11. Activating your LUT student account
12. Digital orientation in Moodle
13. Orientation Days, course enrolments and starting your studies
14. Study tools
15. Applying for a student card
16. Registration at Digital and Population Data Services Agency / Finnish Personal Identity Code
17. Presenting your original educational documents at LUT
- Further questions?

CAMPUS RULES & ETHICAL GUIDELINES

- LUT University and the LAB University of Applied Sciences (LUT Universities) aim to ensure that their students, employees and visitors have a peaceful and comfortable environment for work and studies.
- Everyone should conduct themselves in an appropriate manner in the facilities of LUT Universities. We wish to provide everyone **a safe work and study environment** that does not endanger anyone's safety or health.
- Everyone must be **treated fairly and equally**, and we do not condone any violence, bullying, harassment, intimidation, discrimination or other inappropriate behaviour in our higher education community.
- Working or participating in teaching is not allowed under the influence of intoxicants.
- The facilities of LUT Universities are meant for studying, research and carrying out other duties related to work.
- Everyone shares responsibility in keeping the facilities of LUT Universities tidy.
- LUT Universities may impose the following sanctions for violations of this policy: caution, removal from teaching sessions or campus facilities, written warning, and fixed-term expulsion.
- See eLUT for further information
<https://elut.lut.fi/en/campuses-and-units/campus-rules-lut-universities>

Use information correctly

- Searching for reliable reference material
- Using the information appropriately
- Taking copyright matters into account

Follow the rules

- e.g. examination instructions
- Course instructions of teacher
- AI-based tools policies
- Degree Regulations!
- Ask if don't know!

Be honest and fair

- Avoid misconduct and wrongdoing
- Treat people fairly
- Be a good group member

Consequences of academic fraud

- <https://elut.lut.fi/en/completing-studies/rules-and-regulations/ethical-guidelines-and-guidelines-handling-misconduct>

eLUT

- During your studies in LUT remember **eLUT**
- eLUT has answers to most of student's questions

Our Service promise

- We provide friendly and professional service
- We serve you at our campuses and online
- We care about you and help you find solutions
- We develop our services in cooperation with you

Do this to help us succeed

- Follow our updates, news and instructions
- **Familiarise** yourself with our services (eLUT)
- Allocate enough time for getting things organized
- Give us feedback, tell us what works and what needs improvement

Welcome to eLUT!

eLUT website collects all practical information you need to know about your studies. Here you can also find the most important news and current issues for all students.

eLUT does not require logging in. The information in eLUT is grouped into logical groups, but you can use the search function to find the information you need. Watch the site's introduction video [here](#) ¹²



STARTING STUDIES



COMPLETING STUDIES



STUDY GUIDANCE AND
SUPPORT SERVICES



IT INSTRUCTIONS & STUDY
TOOLS



STUDENT LIFE



CAMPUSES



GRADUATION



DOCTORAL STUDIES



AFTER GRADUATION



LOTS OF INFORMATION, BUT....



Don't worry



During the orientation days it is important that

you get to know the university and other students

you have the first version of your PSP done

you have registered for courses starting in the first period (deadline August 29)

you know where and when your first lectures will be held from September 1



Your tutor will help you

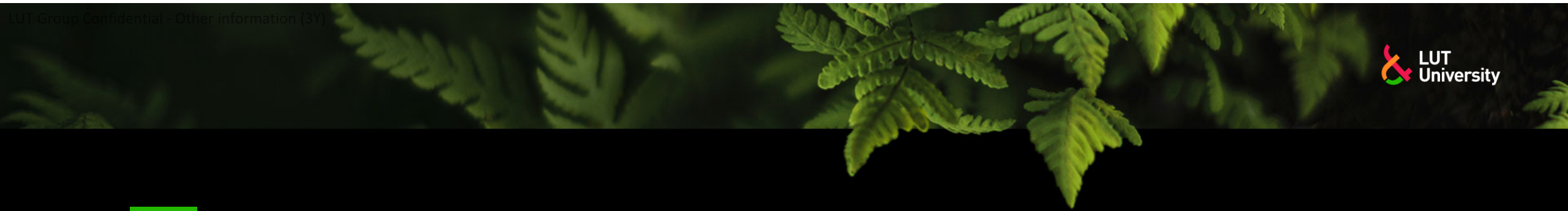
You will also get to know your study counselor and study advisor during the orientation days, as well as the staff of your own degree program.



This is where it starts.

Help & support is available throughout your studies.

When necessary, remember to be active and ask for help early rather than too late.



ENJOY YOUR STUDIES AND LEARNING AT LUT



STUDIES AT LUT 26.8.2025

ORIENTATION WEEK'S PROGRAMME

Tutoring secretary Roosa Broman

tuutorointisihteeri@lut.fi



SHARED PROGRAMME FOR INTERNATIONAL STUDENTS

Tuesday 26.8

- » Introduction to Student Culture @ LUT + Welcome by LTKY at 13.00

Place: check the place from your orientation programme on Elut

Wednesday 27.8

- » Only degree-programme scheduled events

Thursday 28.8

- » Introduction to Finnish Culture in Viipuri-hall at 10.45

- » Jet Lag OFF, Lappeenranta ON (LUT & LAB)

Time: Buses leave at 13.00-14.15 from university's front yard. The event starts at 14.30 in the city centre.

Place: Lappeenranta City Hall

Friday 29.8

- » Welcome Fair for New Students in LUT Main Lobby/ Info Sessions in Viipuri Hall at 10.00-13.00

- » Housing Clinic for Newcomers in classroom7339 at 14.00-15.00

