

## FINANCIAL SUPPORT FOR TRAVEL AND LIVING COSTS FOR STUDIES AND INTERNSHIPS ABROAD IN THE ACADEMIC YEAR 2026–2027

This notice concerns degree students at LUT University (LUT) and is valid for studies and internships abroad during the academic year 2026–2027. It includes information about:

1. Financial support for long-term study exchanges
2. Financial support for Erasmus+ long-term internships
3. Financial support for Erasmus+ short-term blended mobilities
4. Financial support for doctoral mobilities
5. Erasmus+ travel grant
6. Additional Erasmus+ grants
7. Erasmus+ grant terms
8. Application for the financial support

### 1. FINANCIAL SUPPORT FOR LONG-TERM STUDY EXCHANGES

<b>Erasmus+ grant to Erasmus+ partner institutions</b>	
<b>Group 1. Countries with higher living costs:</b> Austria, Belgium, Denmark, France, Germany, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden  <b>and the following partner countries not associated with the Erasmus+ programme:</b> Andorra, Monaco, San Marino, Vatican, Faroe Islands, Switzerland, United Kingdom	€540 / month + travel grant
<b>Group 2. Countries with medium or lower living costs:</b> Bulgaria, Croatia, Cyprus, Czechia, Estonia, Greece, Hungary, Latvia, Lithuania, Malta, North Macedonia, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Türkiye	€490 / month + travel grant
<b>Group 3. Partner countries not associated with the Erasmus+ programme</b> Other partner institutions in partner countries not associated with the Erasmus+ programme with Erasmus+ agreement with LUT.	€700 / month + travel grant
<b>Bilateral grant to other LUT partner institutions</b>	
Other non-European universities with a bilateral agreement with LUT	One-time payment: €1,500 total
<b>NOREK Network grant</b>	
<b>Universities belonging to the NOREK Network without an Erasmus+ agreement with LUT</b> <ul style="list-style-type: none"> <li>• Norwegian School of Economics (NHH)               <ul style="list-style-type: none"> <li>○ €1,505 for 2026 autumn semester; €1,755 for 2027 spring semester</li> </ul> </li> <li>• Norwegian Business School (BI)               <ul style="list-style-type: none"> <li>○ €1,330 for 2026 autumn semester; €1,580 for 2027 spring semester</li> </ul> </li> </ul>	One-time payment: €1,330–€1,755 total, depending on destination and timing (spring semester is longer, therefore the grant is higher).

#### General conditions for awarding financial support for studies abroad

Financial support can be awarded for student exchanges to partner institutions of LUT for one or two semesters depending on the grant programme. Exchanges to institutions which do not have a bilateral agreement with LUT (e.g. freemover exchanges) are not financially supported.

Erasmus+ grant will not be awarded for studies that take place at the student's actual country of residence.

For each mobility period, the student may be awarded a grant from only one source of funding (e.g., an Erasmus+ grant, a Norek network grant, a LUT bilateral grant).

For each study level (bachelor's or master's degree), it is possible to get the bilateral grant for studies abroad only once and for one semester only. In double degree exchanges, the maximum length for the grant is one academic year.

The student's Erasmus+ grant amount is based on the exact number of study days.

To qualify for the bilateral grant, the student is required to participate in the receiving institution's entire semester with the minimum length of the uninterrupted study period being three months. The uninterrupted bilateral exchange period may be less than three months only in predetermined cases where the receiving university offers only programs that are under three months in length: in the academic year 2026–2027 these exceptions are the JLSP program at Nihon University and a semester at University of California, Davis.

Erasmus+ grants to **partner countries not associated to the Erasmus+ programme** are awarded within the limits of the availability of Erasmus+ funds, as a maximum of 20 % of the total grants can be awarded for mobility outside the Erasmus+ **programme countries**. Erasmus+ grants to partner countries can only be awarded for mobilities to an institution with which LUT has an Erasmus+ agreement. In the Academic year 2026-2027 these are: Saint Mary's University, Canada; Royal Melbourne Institute of Technology\*RMIT University, Australia; University of Sarajevo, Bosnia and Herzegovina; Università della Svizzera Italiana, Switzerland; Glasgow Caledonian University, Sheffield Hallam University and Newcastle University, United Kingdom.

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To be eligible for the financial support, the studies abroad should be recognised as a part of the student's LUT University degree. Studies abroad must be full-time and aim to yield 30 ECTS per semester. The student must be physically present at the host country (online only exchanges are not accepted). If the student is unable to fulfil the minimum requirement of 20 ECTS per semester at the host institution, the student needs to pay the grant back according to the following scale:

- 0–5 ECTS: 100 % reimbursement
- 6–9 ECTS: 75 % reimbursement
- 10–14 ECTS: 50 % reimbursement
- 15–19 ECTS: 20 % reimbursement

LUT University courses taken during the exchange period are not taken into consideration when calculating the total amount of the exchange period credits.

When making the decision on grant reimbursement, participant's illness or difficult circumstances are taken into consideration. The consideration shall be based on the supporting documents provided by the participant.

## 2. FINANCIAL SUPPORT FOR ERASMUS+ LONG-TERM INTERNSHIPS

<b>Erasmus+ traineeship grant</b>	
<b>Group 1. Countries with a higher cost of living:</b> Austria, Belgium, Denmark, France, Germany, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden;  <b>In addition, the following partner countries not associated with the Erasmus+ Programme:</b> Andorra, Monaco, San Marino, Vatican City State, Faroe Islands, Switzerland, United Kingdom	€690 / month + travel grant
<b>Group 2. Countries with a medium or lower cost of living:</b> Bulgaria, Croatia, Cyprus, Czechia, Estonia, Greece, Hungary, Latvia, Lithuania, Malta, North Macedonia, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Türkiye	€640 / month + travel grant
<b>Group 3. Partner countries not associated with the Erasmus+ Programme:</b> Other partner countries not associated with the Erasmus+ programme with individual Erasmus+ traineeship agreement	€700 / month + travel grant

### Conditions for awarding financial support for internships abroad

Internships abroad may be financially supported through the Erasmus+ programme, provided that the internship meets the eligibility criteria described below.

All required documents must be submitted by the student through the LUT Mobility-Online system before the start of the internship. Eligibility for the Erasmus+ traineeship grant and the final decision on grant approval are made by International Mobility Services. Grants are awarded in order of application, within the limits of available Erasmus+ funding.

Erasmus+ funding may also include support for travel days, in accordance with the rules described in Section 5, "Erasmus+ travel grant".

Erasmus+ traineeship agreements and grant agreements are binding. The student is responsible for informing International Mobility Services of any changes to the internship. Failure to report such changes may affect the eligibility of the Erasmus+ grant.

Further information is available at [internships@lut.fi](mailto:internships@lut.fi).

### *2.1 Host organisation and destination country*

The host organisation must be located abroad (outside Finland), and the internship must be carried out physically at the host organisation. Eligible destination countries and corresponding Erasmus+ grant levels are listed in the table above. The grant amount is determined based on the destination country and its cost-of-living category. Erasmus+ grants for mobility to partner countries not associated with the Erasmus+ Programme are limited by available funding. A maximum of 20% of the total grants may be allocated to mobility outside Erasmus+ programme countries.

The Erasmus+ traineeship grant will not be awarded if the internship is carried out in the same country where the student resides during their studies, including situations where studies are completed remotely from that country.

The internship may take place in a company or a public or private organisation. The internship may also be completed at a higher education institution. However, the following organisations are not eligible as host organisations: European Union institutions and bodies, and organisations managing EU programmes.

The host organisation is defined as the organisation or institution that provides the internship tasks and supervises the internship. The host organisation must not charge the student any fees for obtaining the internship placement, carrying out the tasks, or supervision during the internship. Only one host organisation is allowed during the internship period. However, mobility within the same organisation is possible, for example between different departments or units. The minimum required internship duration must be completed within the same host organisation. Please see Section 2.3, "Duration of the internship".

Changing the host organisation during the internship is only permitted in exceptional cases and requires strong justification. Any changes require approval through a force majeure process.

### *2.2 Internship content*

The internship must be full-time, with a workload of approximately 35–40 hours per week. A plan for the internship content, including a monitoring and evaluation plan, must be prepared prior to the start of the internship.

In addition to the physical mobility period, the internship may include a virtual component, which refers to remote work carried out from Finland or any other country other than the destination country. The virtual component must be carried out for the host organisation and must be included in the internship plan. When the internship includes both a physical mobility period and a virtual component, it is considered a blended internship. The grant is awarded only for the duration of the physical mobility period.

### *2.3 Duration of the internship*

Long-term internships must have a minimum duration of 2 months (60 days). Erasmus+ traineeship grants may be awarded for a maximum duration of 6 months (180 days). Travel days are not included in the duration of the physical mobility period.

In blended internships, there are no restrictions on the duration of the virtual component. Short-term internships are defined separately. Please see Section 3.7, "Short-term blended internships".

### *2.4 Recognition of internship in the degree*

The internship must be included as part of the student's degree at LUT University. ECTS credits must be awarded for the internship. The credits must follow the guidelines of the student's degree programme. The internship must be recorded in the student's official transcript of records.

This requirement does not apply to recent graduate internships; please see the section 2.7, "Recent graduate internship".

### *2.5 Thesis work during the internship*

A thesis may be completed during the internship. However, the internship must be a separate study unit included in the student's degree, and ECTS credits must be awarded for the internship independently. The credits awarded for the internship must not be included as part of the thesis credits.

### *2.6 Overlapping funding*

A student may receive financial support for the internship from only one funding source (e.g. home institution, Erasmus+, EDUFI). Receiving financial support from different programmes is not permitted. The student must declare any other grants that have been applied for or awarded for the internship prior to applying for the Erasmus+ traineeship grant, for example LUT Career Spark funding.

### *2.7 Recent graduate internship*

Erasmus+ traineeship grants may be awarded for recent graduate internships. In this case, the internship does not award ECTS credits and cannot be included in the student's LUT degree.

The internship must be agreed before graduation. The Erasmus+ Traineeship Agreement and Grant Agreement must be signed by the student before graduation. The internship must start and end within one year of the student's graduation date. The internship must also be completed within the same Erasmus+ project period. Confirmation is provided by International Mobility Services.

## **3. FINANCIAL SUPPORT FOR ERASMUS+ SHORT-TERM BLENDED MOBILITIES**

<b>Erasmus+ short-term blended mobilities</b>	
Up to the 14 <sup>th</sup> day of mobility (days 1-14, min. 5 days)	€79 / day + travel grant

### Conditions for awarding financial support for blended short mobilities

Participation in Erasmus+ Blended Intensive Programmes (BIPs) and other short-term blended mobility activities may be supported through Erasmus+ funding, provided that the mobility meets the eligibility criteria described below.

All required documents must be submitted by the student through the LUT Mobility-Online system before the start of the mobility period. The eligibility of the mobility and grant application is assessed by International Mobility Services, which makes the final decision on the award of Erasmus+ funding. Grants are awarded within the limits of available Erasmus+ funding.

Erasmus+ funding may also include support for travel days, in accordance with the rules described in Section 5, "Erasmus+ travel grant".

Further information is available at [shortmobility@lut.fi](mailto:shortmobility@lut.fi).

### *3.1 Host higher education institutions*

Erasmus+ funding for short-term blended mobility is available only for mobility periods completed at selected host higher education institutions. An up-to-date list of eligible host institutions is available on [the eLUT short study periods abroad webpage](#) (link).

### *3.2 Mobility content*

Short-term mobility must always be blended. This means that the mobility includes both a physical component and a virtual component. The physical component refers to in-person participation and study activities at the host higher education institution. The virtual component refers to interactive online learning completed remotely.

The mobility must have a minimum scope of 3 ECTS credits.

### *3.3 Duration of the mobility*

The physical component must last at least 5 days. Erasmus+ funding may be awarded for a maximum of 14 days. The grant is calculated on a daily basis and is awarded only for the duration of the physical mobility period. Travel days are not included in the duration of the mobility period.

### *3.4 Recognition of mobility in the degree*

The short-term mobility period must be included as part of the student's LUT degree. The mobility is recognised through the Recognition of Prior Learning (RPL) process. The student is responsible for applying for the recognition after the mobility period.

### *3.5 Mobility limit per academic year*

A student may receive Erasmus+ funding for one short-term blended mobility period per academic year. If the student has already participated in a short-term blended mobility period during the same academic year, Erasmus+ funding cannot be awarded for an additional short-term mobility period.

### *3.6 Overlapping funding*

A student may receive financial support for the mobility period from only one funding source (e.g. home institution, Erasmus+, EDUFI). Receiving financial support from different programmes is not permitted. The student must declare any other grants or funding that have been applied for or awarded for the mobility period prior to applying for Erasmus+ funding.

### *3.7 Short-term blended internships*

Internships may also be completed as short-term blended mobility periods. Short-term blended internships are subject to the same general rules as long-term Erasmus+ internships. The main differences concern the duration of the internship and the minimum number of ECTS credits awarded.

The internship must be full-time, with a workload of approximately 7–8 hours per day. Erasmus+ funding may be awarded for a duration of 5–14 days. Travel days are not included in the duration of the mobility period.

A minimum of 3 ECTS credits must be awarded for the internship.

For all other rules and eligibility requirements, please see Section 2, "Financial support for Erasmus+ long-term internships".

#### **4. FINANCIAL SUPPORT FOR DOCTORAL MOBILITIES**

Doctoral students at LUT University are eligible to participate in Erasmus+ funded mobility, provided that the general eligibility criteria are met.

##### *4.1 Short-term blended mobility*

The general rules described in Section 3, "Financial support for Erasmus+ short-term blended mobilities", apply to short-term blended mobility. However, for doctoral students, the virtual component is not mandatory.

The mobility period must be included as part of the student's doctoral degree at LUT University.

##### *4.2 Internship mobility*

The general rules described in Section 2, "Financial support for Erasmus+ long-term internships", apply to internship mobility for doctoral students.

Conducting doctoral research as part of the internship is allowed. However, the internship must be recognised as a separate study unit, and ECTS credits must be awarded for the internship independently.

##### *4.3 Doctoral students employed by LUT University*

For employed doctoral students, the Erasmus+ grant is paid through a travel and expense claim. The student must declare their employment relationship at the time of applying for the grant.

Doctoral students employed by LUT University may participate in Erasmus+ Staff mobility for teaching or Staff mobility for training. Further instructions for staff mobilities can be found in LUT intranet.

#### **5. ERASMUS+ TRAVEL GRANT**

In addition to the Erasmus+ grant described above, all students receiving Erasmus+ funding are also awarded a travel grant. The amount of the travel grant is determined based on the travel distance category.

The distance category is calculated as the one-way straight-line distance, using [the Erasmus+ Distance Calculator](#) (link), from LUT University's Lappeenranta campus to the main campus of the host higher education institution, or, in the case of an internship, to the address of the host organisation. The travel grant amount covers the round trip and is based on this calculated distance, regardless of the actual route taken.

If the student completes their studies remotely and resides outside Finland during their studies, and the distance to the destination location is shorter than from Lappeenranta, the distance is calculated from the student's place of residence abroad. The travel grant cannot be more than from Lappeenranta to the destination location.

The table below presents the travel grant amounts for each distance category. Separate grant amounts are available for non-green travel and green travel. For more information on green travel, please see Section 5.1, "Green travel".

<b>Straight-line one-way distance</b>	<b>Travel grant (non-green)</b>	<b>Travel grant (green)</b>
10–99 km	€28	€56
100–499 km	€211	€285
500–1999 km	€309	€417
2000–2999 km	€395	€535
3000–3999 km	€580	€785
4000–7999 km	€1,188	€1,188
8000 km or more	€1,735	€1,735

### 5.1 Green travel

Green travel is travel by low-emission vehicles with the aim of minimising emissions. Travel by bicycle, bus, train, and carpooling are always considered green. Sea travel is considered green only if another part of the journey is made using at least one of the previously mentioned methods. Flying or sea travel combined with flying are always considered non-green.

The student is entitled to a green travel grant when at least 50% of the total round-trip distance is travelled using green travel methods. To apply for the green travel grant, the student is required to provide the full round-trip travel plan.

### 5.2 Travel days

In addition to the distance-based travel grant, funding may be awarded for travel days. Travel days are not included in the duration of the mobility period. For long-term mobilities, travel days are funded at the same daily grant amount as during the mobility period. For short-term blended mobilities, travel days are funded at the same daily grant amount as for the mobility period, provided that the total duration of the mobility and travel days does not exceed 14 days. Any travel days exceeding this limit are funded at €56 per day.

For non-green travel, a maximum of two travel days (one before and one after the mobility period) may be funded. For green travel, a maximum of six travel days may be funded.

## 6. ADDITIONAL ERASMUS+ GRANTS

<b>Additional Erasmus+ grant</b>	<b>Amount</b>
Fewer opportunities top-up in long-term (2–12 months) study exchanges and internships	€250 / month
Fewer opportunities top-up in short-term blended mobilities	€100 / 5–14 days

	€150 / 15-20 days
Inclusion support grant	According to actual costs

Erasmus+ programme supports students that have fewer opportunities than others with a higher grant (fewer opportunities top up). The fewer opportunities top up can be awarded based on social or health obstacles, disabilities or migrant background and it is added on top of the basic Erasmus+ grant. To receive the fewer opportunities top up, the student is required to apply for it via the LUT Mobility-Online grant application form. The student is required to present related additional documentation according to the instructions on LUT Mobility-Online.

The inclusion support grant is intended to enable international exchange and internship in circumstances when a special need causes additional costs that are not covered by other sources. The special need can be an injury, impairment, physical or psychological illness or a learning difficulty. The inclusion support will be added to the basic Erasmus+ grant. The inclusion support will be awarded by the Finnish National Agency for Education based on the application from LUT International Mobility Services, and the amount will be decided on a case-by-case basis, based on the student's needs and actual costs.

## 7. ERASMUS+ GRANT TERMS

The basic Erasmus+ grant is calculated according to the exact number of **actual mobility days**, using the following method: full months (from day N of the starting month to day N-1 of the ending month) plus additional days.

For example, if the mobility period takes place from 9 March to 10 May, it consists of two full months (9 March - 8 May) and two additional days (9-10 May). If the monthly grant amount is €540, the basic Erasmus+ grant is calculated as 2 x €540 plus 2 x €18.

It is the student's responsibility to confirm the start and end dates of their exchange period, and to enter the correct information in their grant application. In student mobilities, the start date is considered the first day of the orientation period, the first lecture or the first day of the internship. The end date is the last day when the student is required to be present at the host institution or organisation (e.g. the last exam or the last day of the internship).

**The Erasmus+ mobility periods abroad (as a student and/or as a trainee) cannot exceed 12 months (360 days) within one cycle of study.** The maximum length of 12 months can include several exchange periods.

If the student, at the start of the exchange or internship period, would not have at least two months left of the maximum of 12 months, the student is not eligible for the Erasmus+ grant. However, the student is still eligible to apply for a non-Erasmus exchange outside Europe. If the 12 months is exceeded during the Erasmus+ mobility period, the student is eligible for an Erasmus+ grant only until the 12 months are full, and the rest of the mobility period follows **the freemover principle** with zero-grant. However, such arrangement is subject to the acceptance of the host organisation.

At the end of the mobility period, the student is required to provide a document that verifies the start and end dates of the mobility (such document may be titled Letter of Confirmation, Certificate of Attendance or Confirmation of Stay) signed by the host university (for exchange studies) or the Traineeship Certificate (for internships).

If, compared to the dates in the grant agreement (based on the information the student provided in their LUT Mobility-Online grant application), the mobility period was extended or shortened by more than five days, the grant amount may be recalculated to match the actual study dates. However, if there are not enough Erasmus+ project funds left in the applicable project after the student has completed their mandatory post-mobility tasks, the extended period will not be funded. The student will be sent a revised grant agreement with the recalculated final grant amount. If the student does not provide the document confirming the dates, the entire Erasmus+ grant will be collected back.

Erasmus+ students must complete their Erasmus Participant Report on the EUSurvey system. The students will receive an email invitation to fill in the report after their mobility period.

## **8. APPLICATION FOR THE FINANCIAL SUPPORT**

To be eligible for financial support, the student is required to submit the applicable documents and follow the instructions on LUT Mobility-Online.

All fully completed documents for financial support must be submitted and the online grant application terms must be accepted on LUT Mobility-Online by the first day of the month to receive the financial support on the last day of the same month. Applications for financial support are not processed in July or August, hence the student is advised to submit their grant application in time. All financial support should be applied for not later than one month prior the start of the mobility period.

The financial support must in all cases be applied for before going abroad. In case of difficulties with the required documents or LUT Mobility-Online, the student is advised to contact International Mobility Services ([outgoing@lut.fi](mailto:outgoing@lut.fi), or [internships@lut.fi](mailto:internships@lut.fi), or [shortmobility@lut.fi](mailto:shortmobility@lut.fi)) as soon as possible.

The grant is paid in one instalment to the student's bank account. This does not apply to doctoral students employed by LUT, for whom the grant is paid via a travel and expense claim.

Within one month after completing the studies or internship abroad, the student is required to submit the mobility period reports, Letter of Confirmation or Traineeship Certificate, and Transcript of Records to LUT Mobility-Online, and the Learning Agreement must be up-to-date and approved by all parties. **It is the student's responsibility to make sure that the Learning Agreement is signed by all parties.**

After the student has completed all mandatory post-mobility tasks in the LUT Mobility-Online and EUSurvey systems, LUT International Mobility Services verifies them by the end of the following semester. If there are significant changes in the duration of the mobility period, the grant may be reviewed earlier upon the student's request.

**Negligence in fulfilling the reporting requirements or insufficient academic performance may result in reimbursement of the financial support. The final grant amount confirmation and possible recalculation will be carried out after the student has completed the required tasks in the LUT Mobility-Online and EUSurvey systems. If the student fails to complete these within the specified deadline, the full grant may be reclaimed.**