

DOMINUS FRESHER PRESS





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The team behind the fresher press:
Lauri Kangas, Aada Harilo, Johanna Grunér

FRESHER CAPTAIN'S GREETINGS

Hello future Social Sciences and Communication Studies fresher! First of all, congratulations on your study place and welcome to Dominus!

My name is Lauri, and I'll be your Fresher Captain. I'm currently a second-year Social Sciences student, and you can recognize me by my white Fresher Captain jacket and, of course, my light blue overalls. I'm really excited about the upcoming autumn and your arrival here in Lappeenranta!

My job is to make sure that every single one of you has the smoothest, safest, and, most importantly, the most memorable fresher autumn possible. You can always come and talk to me about anything or send me a message, whether you have concerns, worries, questions about student life, or even questions about the evening's party plans. I'm here for you!

Officially, your fresher weeks will begin during the last week of August and will last for two weeks. During the Fresher weeks, there will be plenty of events and activities outside school that are definitely worth attending. The various events are a great opportunity to meet new people and make new friends. That's why I warmly encourage all of you to step out of your comfort zones and take part in as many events as possible.

One of the best opportunities to make friends within your own field of study is by joining the Fresher Brunch on September 1st. Many of the new students in our Finnish programme, as well as older students, will be attending, making it a perfect chance to get to know people and start building new friendships.

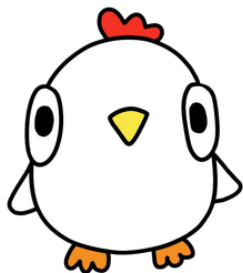
We're all incredibly excited for your arrival here in Lappeenranta and can't wait to welcome you to our student community. See you this autumn!



Lauri Kangas, Fresher Captain
TG: [laurikangas9](https://www.instagram.com/laurikangas9)
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DOMINUS RY -IN SHORT

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Dominus ry is the student organization, or guild, for students of social sciences and communication studies, founded in 2023. Although Dominus is still a young guild, we have a close-knit community that is growing rapidly. The guild's mission is to promote students' interests and organize a wide range of leisure activities and events.

Dominus is run by a ten-member board, whose responsibilities range from planning and organizing major events to collecting course feedback. The board is also supported by a group of officers who contribute to the guild's activities.

We encourage students to get involved in the guild's activities as early as their first year! Being active in the guild is a great opportunity to meet new people while gaining valuable experience that can also benefit you in your future career.



VILMA NIKKILÄ CHAIRPERSON

Hello new fresher! I'm Vilma, and this year I have the pleasure of being the Chair of Dominus, our student association.

First of all, huge congratulations on getting a study place, and a very warm welcome to Dominus! <3 You've made a fantastic choice by coming to Lappeenranta to study Social and Communication Sciences.

Moving to a new place and starting a completely new chapter in life can feel exciting, but also a little overwhelming at times. Luckily, you won't have to figure everything out on your own! Our tutors, your Fresher Captain Lauri, and the rest of our board are all here to support you and help you get settled into student life. Together, we'll make sure you feel welcome, get to know the student community, and find your own place in Dominus!

My biggest tip for the fresher weeks is to come with an open mind, be brave enough to say yes to new things, and join in on anything that sounds even a little bit interesting! Your first year will go by surprisingly fast, so make the most of it and enjoy every moment you can.

See you soon -I can't wait to meet you all this autumn!



Vilma Nikkilä, chairperson
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puheenjohtaja@dominusry.fi

GUILD GODPARENT'S GREETINGS

Hi! I am Emilia and I'm a 5th year Electrical Engineering student. I am in the board of LTKY (Student union of LUT University) and responsible for Events and Internationality. As the guild godparent of Dominus I function as the connection between Dominus and LTKY. My task is to help the guild with all questions regarding LTKY, for example about events, membership services, student culture and advocacy.

At LTKY we advocate for our students' interests in courses and lobby our students' voice on both local and national levels. We maintain an exam archive and make sure that our students' rights are not violated and that none of our students are harassed. LTKY also runs Aalef's restaurant Yolo and the small shop Meidän Kioski. You can read more about us, our membership services and our organization on our website, ltk.fi.



Emilia Kaltz

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emilia.kaltz@ltk.fi

One of the main tasks of LTKY is to maintain and respect the student culture. This is promoted by the truly amazing and diverse student culture of Lappeenranta. Finnish student culture is unique and interesting, and I really recommend getting involved in it, starting from the fresher weeks. LTKY also organizes events and activities itself together with the guilds. For example, parties, well-being weeks, Guild Olympics and many other traditional events, and of course the famous Finland's Longest Wappu.

It's worth following @ltk_insta and @suomenpisinwappu on Instagram at this stage so you can stay up to date with what's happening in the student circles of Lappeenranta!

Welcome to our community & enjoy your studies! Come say hi to me if we run into each other on the hallways, at LTKY's office or at events!

TIPS FOR FRESHER WEEKS

TIPS FOR FRESHER WEEKS

Come to the orientation weeks as your authentic self. Participate with an open mind and have the courage to join in on all the activities organized during the two weeks.

Don't be afraid to get to know new people, as the orientation weeks are a great opportunity to meet lots of wonderful new friends!

Feel free to ask anything that's on your mind. You don't have to face any questions or concerns alone. The tutors and the Fresher Captain are here for you and are always happy to help with a low threshold.

Remember to rest, eat, and stay hydrated! The orientation weeks can be busy, with long days and activities happening all the time, so taking care of your basic needs is important. Keeping up with the essentials will also help you maintain a positive and energetic mindset throughout the experience.

What to Brin to the fresher weeks

- Student ID card
- Weather-appropriate clothing, as many orientation week activities take place outdoors.
- Swimsuit and towel
- Smart-casual attire for the Suit Up event. There is no need for a suit or evening gown; for example, smart trousers and a collared shirt are perfectly sufficient.
- A positive, open-minded attitude

Downloand on your phone:

- Telegram – Most communication will take place here.
- Kide.app – Used for purchasing tickets to student events.
- Tuudo – Contains your timetable, campus map, and restaurant menus.
- Slice.fi – Where you can find your digital student card.
- YTHS Digi – The student healthcare app through which you can book appointments and access healthcare services.
- MobilePay – Commonly used for small purchases, such as overall patches and other student-related payments.

STUDY ADVISORS GREETING

Hi! My name is Kasper, and I'm the study advisor for social sciences and communication studies. Feel free to come and ask me anything related to your studies or planning your degree, or send me a message anytime.

Come say hi and we'll work through any study-related questions or challenges together with the study counsellor! See you very soon when your studies begin!

If you already have any questions, don't hesitate to send me a message!



Kasper Pesonen

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kasper.pesonen@lut.fi

UPEASTI UUDISTUNUT!

K Supermarket

SAMMONLAHTI

Läntisen Lappeenrannan
herkullisin ruokakauppa.



OPISELIJAKORTILLA

-5%*

*Normaalihintaisista tuotteista.



LIHAT



KANAT



KALAT



PALVELUTISKILTÄ

PARHAAT
LIHAT, KANAT
JA KALAT

KESÄN GRILLAUKSIIN!

BACHELOR TUTORS



Hi! I'm Kia, a second-year Social Sciences student and one of this year's tutors. In my free time, I especially enjoy music, drawing, and, of course, student events. I hope I can be an approachable source of support for you and someone you feel comfortable coming to talk to. See you in the autumn!



Hi! I'm Olivia and I'm a second-year Communication Sciences student at LUT. This year, I get to be a tutor for the new freshers. I moved to Lappeenranta from Tampere with my dog, and it has been one of the best decisions of my life. I'm quite outgoing and easy to get to know, so feel free to come and chat or ask me anything. I'm really looking forward to meeting our freshers!

Hi! I'm Nelli, and I'll be starting my second year of Communication Sciences studies this autumn. I'm an active and enthusiastic person who loves sports, good food, and student life. Humor and interesting conversations are also close to my heart.



Hi! I'm Ira, 21 years old, and I'm about to start my second year at LUT. I study Social Sciences, and I've really enjoyed both my studies and life in Lappeenranta in general. In my free time, I like hanging out with friends, going to the gym, and, of course, enjoying student life. I'm already looking forward to the autumn and getting to know all of you new freshers! Feel free to come say hi or ask me anything, I'm always happy to help!



Hi! I'm Jesse, and I'm a second-year Social Sciences student. I enjoy the student life in Skinnarila, and you can probably find me at events a little too often. I'm also a member of the Dominus board, and you'll often spot me hanging around the guild room. I'm looking forward to getting to know all the new freshers!

Hi! I'm Henna, 22 years old, and I'm originally from a small municipality called Alavieska. Somehow, I found my way here from Pohjois-Pohjanmaa to Lappeenranta, and I haven't regretted it for a second! I'm a second-year Communication Sciences student. A warm welcome to our wonderful Dominus family, I can't wait to get to know all of you!!>



BACHELOR TUTORS



Hi new freshers! I'm Milja, and I study Communication Sciences. I enjoy sports and baking, but I'm also a surprisingly enthusiastic cleaner whenever I'm trying to avoid schoolwork :D I'm really looking forward to getting to know all of you. See you in August!

Hi! I'm Anna, and I'm a second-year Communication Sciences student. I'm originally from Parikkala, a small municipality here in South Karelia. I'm a relaxed and approachable person, and you can contact me about anything. I wanted to become a tutor because my own fresher year was absolutely amazing, and I want to help make your first year just as memorable. I'm really looking forward to the upcoming autumn and meeting all of you!



Hi, I'm Lilja! I'm originally from Helsinki, but Lappeenranta is also familiar to me since my parents are from here. This autumn, I'll be starting my second year studying for a bachelor's degree in Communication Sciences. At this point, I can already say that we have an amazing university. Welcome, and I can't wait to meet all of you in the autumn!



Hi! I'm Heli, soon to be 23 years old and originally from Mikkeli. This autumn, I'll be starting my second year of Social Sciences studies and will be one of your tutors. I've really enjoyed my time here, I've made wonderful friends, and Lappeenranta has become my absolute favourite city. I'm really looking forward to the autumn and getting to know all of you. See you soon!

Hi! I'm Ilona and I study Social Sciences in my second year. I'm 20 years old and originally from Lappeenranta, so I can also give you some great tips on things to do around here. What I'm looking forward to most this year is meeting all of you new freshers. Fresher year was full of new experiences, but also amazing memories, and I hope it will be just as unforgettable for you. See you during Fresher Weeks!

Hi, I'm Viivi and I'll be starting my second year of Social Sciences studies this autumn. I'm 22 years old and originally from Mikkeli. Alongside my studies, I spend my time staying active, being creative, and attending events! LUT, and especially Dominus, has brought wonderful people into my life, so I'm really excited to get to know the new Dominus students this autumn <3



BACHELOR TUTORS



Hey! I'm Jenna, 22 years old and originally from Seinäjoki. I'm a second-year Social Sciences student. Some of my favorite things include jogging in nature, snowboarding, and watching true crime documentaries. I'm looking forward to getting to know the new students and continuing my studies. Congratulations on your study place once again, and see you in August!



Hi! I'm Kannerva, and I'm a second-year Social Sciences student. I love reading, acting, swimming, and spotting typos :D I'm very social and enjoy spending time with other people :3
I'm really looking forward to getting to know all of you and starting the new academic year. See you in August <3



Hi and congratulations on your study place! I'm Inkeri, a 21-year-old second-year Social Sciences student. I moved to Lappeenranta from Kuopio, and the vibrant student life of Lappeenranta won me over right away. I'm naturally approachable and sociable. I'm really looking forward to meeting all of you. See you in August! <3

Hi! I'm Nella, 22 years old and originally from Helsinki. This autumn, I'll be starting my second year of Social Sciences studies, and I'm really looking forward to meeting all the new Dominus students <3 My fresher year was unforgettable, and I met so many wonderful new people. I hope you'll all have a similar experience! See you in the autumn, it's definitely going to be an amazing year!! <3

Hi! I'm Onni, 21 years old and originally from right here in Lappeenranta. I'll be starting my third year of Social Sciences studies this autumn, and my biggest interests outside of school are music and sports. What I'm looking forward to most this year is meeting new people and attending fun events. See you in the autumn!

Hi, I'm Juuli. I'm originally from Helsinki (...Vantaa), and one thing I remember especially well from last year is how nervous I was about moving here to Lappeenranta. However, I ended up having a really fun and unforgettable fresher year, and I hope we can help create the same kind of experience for all of you new freshers. See you in the autumn!!





I am Maryam Shaheen, the first Master graduate of Lut Social sciences department. I enjoy meeting people from different cultures and helping new students. Alongside, my interest is in research, I love learning new things, supporting others and creating a welcoming environment where everyone feels comfortable. I am always happy to share experiences, answer questions and connect with fellow students.

I'm Rizvi, a second-year master's student in Digital Social Sciences and an international student who's made Lappeenranta feel like home. I love dogs, nature, long dark Finnish winter nights, star-gazing, board games, and meeting new people. I know settling in can be a big step, but you won't be doing it alone. I'm excited to meet you and help you adjust to LUT just as I did.



MASTERS TUTORS



I am Jenna Fazio, a recent graduate from the Technology, Environment, and Societal Change masters program. I am originally from the States and have loved living in Lappeenranta over the past two years. During my masters program I was actively involved in Dominus and Quinta, two great ways to meet other students and get involved in student life!

Hey! I'm Johanna. I begin my third year of bachelor studies in communications this autumn. Besides tutoring I'm currently Dominus' head of communication. You can find me at most of the student events, sometimes behind a camera. Feel free to come chat with me or even just to point out typos in our communication xd



DOMINUS ON SOCIAL MEDIA

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You can get a glimpse of Dominus and our everyday life, as well as our parties and events, on our TikTok, Instagram, and LinkedIn pages. Dominus members also have access to our Telegram channel, where you can find the most important information and the latest updates. Be sure to check out our website as well at dominusry.fi!



@dominusry



@dominusry



Seuraa meita instassa!
Follow us on insta!
[@skippy_ry](https://www.instagram.com/skippy_ry)



Skinnarilan Poikkitieteellinen Pride Yhdistys ry (SkiPPY ry)
Matalan kynnyksen toimintaa jäsenille kerran kuukaudessa!
Low threshold events once a month for members!



Liity jäseneksi kide.appissa
Become a member in kide.app

FIRST FRESHER WEEK

MON 24.8. I <3 Mondays - This is your first chance to experience student partying! The event will be held at the Student Union House, and the event area is a licensed venue where alcoholic beverages are served.

TUE 25.8. Introduction to Dominos culture - In this event, you'll learn more about student culture and get the chance to try on student overalls!

WED 26.8. Amaze Balls Race - You'll compete in teams and make your way through various checkpoints. **Get to know Palmas** -event introduces you to Las Palmas, a bar in the city center.

THU 27.8. Suit Up - An event where people dress in cocktail attire. The event will take place at Las Palmas.

During the first Freshers' Week, also known as Orientation Week, you'll get to know your fellow students, student life, and what the upcoming autumn has in store in terms of studies and student culture. You'll also learn how to use the essential tools and accounts needed for your studies. In addition, some form of organized activity takes place every evening.

Evening events usually include activities hosted by your student guild as well as larger events open to all students. These events offer a great opportunity to meet new people and make new friends, so we highly encourage you to participate in as many activities as possible!

*the dayschedule depends on the studyprogram

 =event in finnish

Weekly Calendar



MON	TUE	WED	THU	FRI	SAT	SUN
(Orientation on campus)	Orientation on campus	Orientation on campus	Orientation on campus	Orientation on campus		
Guild  presentation 14-16	Introduction to Dominus Culture  18->	Amazeballs race  16->			Guild day	
 Activities with dominus		Get to Know Palmas	Suit Up			
I <3 Mondays						

SECOND FRESHER WEEK

MON 31.8. Beach party - The event takes place at Sammonlahti Beach, where you'll get the chance to carry your tutor into the lake. The afterparty will be held at Las Palmas. Don't forget to bring your swimsuit!

TUE 1.9. Fresher Brunch - You'll have the chance to get to know older students as well as your fellow freshers.

Genre Mix at Las Palmas, where student bands will be performing..

WED 2.9. Fresher Orienteering - Race with new friends and get to know the center of Lappeenranta at the same time! **Afterparty** at Las Palmas

THU 3.9. Fresher promotion - Where you'll become freshers! **Final party** at the campus.

During the second Freshers' Week, your studies and courses will officially begin. But don't worry, the fun is far from over, in fact, things really start picking up during the second week! That's why there will still be different fun evening events taking place every day.

During the second week, you'll also have the opportunity to get to know older Dominus students at the Fresher Brunch, and you'll even get the chance to carry your own tutor into the warm waters of Lake Saimaa.

The schedule will be updated. Stay tuned!

*the dayschedule depends on the studyprogram

 =event in finnish

Weekly Calendar



MON	TUE	WED	THU	FRI	SAT	SUN
Possible lectures	Possible lectures	Possible lectures	Possible lectures	Possible lectures		
Beach Party	Fresher Brunch 17->	Fresher Orienteering	Fresher Promotion			
Beach Party AfterParty	Genre Mix	Fresher Orienteering AfterParty	Päättösbileet			

WHO: Domppa
WHAT: Dominus
mascot



STRENGTHS: Cute,
doesn't give up,
societally impactful



CHOOSE YOUR CHARACTER

WHAT:
Social Scientist
(M.Soc.Sc.)



STRENGTHS:
DEBATE, BUREAUCRACY,
COMPROMISE

WHAT:
Communication
Scientist
(M.Soc.Sc.)



STRENGTHS:
Spelling, ALGORITHM,
GROUP WORK

CHOOSE YOUR CHARACTER

LAPPEENRANNAN TEEKKARIRESERVILÄISET RY

AMMUNTA
SRA
SITSIT
AIRSOFT
JA MUUTA!



LIITY MUKAAN YHTEEN
LAPPEENRANNAN
AKTIIVISIMMISTA JÄRJESTÖISTÄ!

AVOIN KAIKILLE LAPPEENRANNAN
KORKEAKOULUOPISKELIJOILLE.

www.LATERES.fi



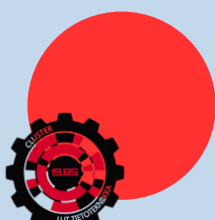
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SKINNARILA COLOMAP

University guilds and their overall colors



Dominus: Social Sciences
& Communication



Cluster: Software
Engineering



Enklaavi: Business



Armatuuri: Energy
Technology



Kaplaaki: IEM



KeTek: Chemical Engineering



KRK: Mechanical
Engineering



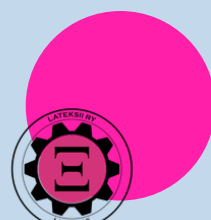
Pelletti: Environmental
Technology



Sätky: Electrical
Engineering



Tesseract: Technology &
Engineering science



Lateksii: Computational
Engineering



ESN: Erasmus Student
Network Lappeenranta

OVERALLS

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In order to order our student overalls, we need sponsors to help cover the costs. So, if you happen to know someone, who owns a company that could sponsor our overalls, please let us know!

The sooner we find sponsors, the sooner we can order the overalls and get them into use! Overall advertisements are an excellent way for companies to gain visibility, as they are clearly visible on the overalls and can be seen for several years.

If you have any questions or leads regarding overall sponsorships, please contact our Head of Corporate Relations:

TG: @ilmarihayris



Maailma ja työelämä muuttuvat nopeasti

Siksi juuri nyt on oikea hetki opiskella yhteiskunta-alaa: opintosi auttavat ymmärtämään muutosta, kehittämään vaikuttamisen taitoja sekä löytämään oman paikan muuttuvassa työelämässä – valmistuessa oletkin valmiimpi tarttumaan uusiin mahdollisuuksiin!

YKA pitää huolta yhteiskuntaosaajista

Kun liityt YKAN opiskelijajäseneksi koodilla **LAPPEENRANTA**, saat käyttöösi kaikki jäsenetumme valmennuksista vakuutuksiin sekä loppuvuoden jäsenyyden ilmaiseksi!

yka.fi/liity



käytä koodia:
LAPPEENRANTA

SVV-ENGLISH-SVV

Appro = Student event, similar to pub crawl. Travel between places, such as bars and other spots and gather stamps. You get a overall patch based on your stamps.

Excursio = Trip often made by bus that usually includes company visits.

eLut = Students info page updated by LUT. Information on studies, study support etc.

Fresher = First year student

G = Officially Cafe Bar G, bar/cafe in Lappeenranta, located behind Yolo - building.

Hässi = Wappumagazine for students in lappeen Ranta.

Kellari = A space located in Yolo basement, where student organizations hold events. The space (including a sauna) can be rented by students through LTKY.

Kiltis = Guildroom. A place reserved for a particular guild, where it's members can chill and hangout. Every guild has its own guildroom.

LTKY = The Student Union of LUT University. LTKY acts as an advocate for LUT students and promotes student culture & community.

Lutikka = Access Key that allows access to the campus after 4PM , the campus is open to students between 6 AM to 12 AM.

SISU = Student interface for registering for exams and courses, changing contact information and tracking your own performance information. Student's personal study plan, PSP, is also made in SisU. You can also find all course schedules on SisU.

Sitsit/Sitz= An academic table party where you eat, drink and sing according to etiquette. Freshers are introduced to etiquette during Fresher Sitz.

Skinnarilan vapaavaltio (SVV) = Areas around the Lappeenranta campus where everyone behaves in the spirit of Skinnarila. The border is painted on the pavement.

Vuosijuhlat (vujut) = Annual ball, guild or association birthday, or a great academic celebration. It usually includes a gorgeous academic table party, or fancy sitz.

Wappu = At the end of the school year there is a month long celebration called Wappu. Lappeenranta has the longest Wappu in Finland.

Info page for LUT students:
<https://elut.lut.fi/en>

Orientation program (masters):
<https://elut.lut.fi/en/starting-studies/masters-degree-orientation/masters-degree-orientation-lappeenranta/social-sciences>

LTKY website: <https://ltk.fi/en/>

Dominus social media and telegram,
sas well as our tutors and FC

WHERE TO FIND MORE INFO?

Congratulations
and welcome to
Dominus!



Älä jää suihkuun laulamaan!



Naiskuoro Resonanssi sekä mieskuoro
Lappeenrannan Teekkarilaulajat etsivät uusia
jäseniä tositarkoituksella.

Muutkin kuin teekkarit tervetulleita!

FUTSAL JÄÄKIEKKO PESÄPALLO AMERIKKALAINEN JALKAPALLO KORIPALLO SALIBANDY LUISTELU GOLF TANSSI PADEL



KAUSI 2026-2027

PARRU RY
(POLYTEKNILLINEN AKATEeminen RAITTIUTTA
RAKASTAVA URHEILUSEURA)
TARJONNA LUT-YLIOPISTON JA LAB-
AMMATTIKORKEAKOULUN OPISKELIJOILLE 10 ERI
LAJIN VOIMIN:

**HARJOITUKSIA
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TAPANTUMIA
YHTEISÖLLISYYTTÄ
VASTAPAINOA OPISKELULLE**

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WELCOME!

